

## SEPTEMBER BOOTCAMP DAY 2: Bringing Our Team to the Next Level

### Introduction

- a. This workshop is designed to bring the teams in the Social Projects, to the next level. This is timely because students have worked together for a few months, over summer on their project. At the same time, new members may potentially join the team. How can existing and new students gel together? How can the dynamics between team members be synergized so that teams are onto the next level of Performing Stage (in the Tuckman Model of Teamwork: Form-Storm-Norm-Perform)?
- b. This workshop also builds upon and leverages students' growth in their self-awareness through the summer, by working with their mentors. What are their strengths, and their vision for the project? How can students gel their personal aspirations with others on the team?

### Who should attend?

- a. It is compulsory & core for all students in Design Odyssey Program Social Phase
- b. It is essential **all** members of the projects are present, because the workshop will be spent on teamwork and team dynamics. If any member is not present, the team dynamics would be affected, and students would need to go through this exercises again, on their own with the full intact team.

### Benefits

- a. Integrate the new members with the existing members of the team
- b. Improve team dynamics to bring the team to the next level
- c. Lay the foundation for a High-Performing Team, by the focus on Heart-Centered Teamwork

### Learning Objectives

- a. Deepen understanding of the Tuckman model of Teamwork: Form – Storm – Norm – Perform
- b. Have an understanding of where the team is in terms of the stage

- c. Understand how to bring the team to the next level, by working through Forming, Storming, Norming and Performing together, as a team
- d. Integrate the new members with the existing members of the team
- e. Work on Heart-Centered Teamwork

## Course Outline

- a. Overview of Tuckman Model: Form – Storm – Norm – Perform
- b. Team Forming
- c. Team Storming
- d. Team Norming
- e. Team Performing
- f. Individual Actions